# This is a higher risk area for Coronavirus

**Community testing is coming to your area**



BLACKBURN with DARWEN BOROUGH COUNCIL

**Community testing teams are in your area today to help you and your family get tested for Coronavirus.**

**INSIDE** Important information about taking a home test & support available to help you if you have to self-isolate.

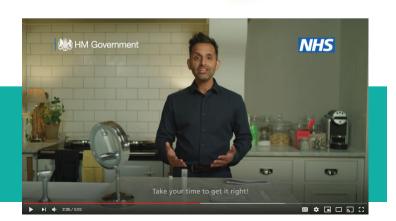# Community testing in your area

Council staff are in your area today, talking to you and your neighbours about taking a test for Coronavirus.

Testing is one of the best ways that we can beat this virus. Even if you don't have symptoms, please get tested – this will help us to track cases and control the spread of Coronavirus.

## What happens?

1. We knock on your door and answer any questions you have about testing

2. We leave a home test kit for every household member – even children

3. You take the test at home*

4. We call back later to collect completed test kits

5. You get your result within 48 hours

*If you're unsure of taking the test yourself, you can ask for help.

Not sure how to use the Coronavirus test kit to swab your tonsils and nose? This NHS video explains it all really simply. Watch at www.bit.ly/hometestvideo

# What happens if I test positive?

If you get a positive test result, you must self-isolate at home for 10 days – even if you have no symptoms.

Members of your household must self-isolate for 14 days, even if they get a negative result. This is because you could have passed on the virus to them after they took their test.

## Test & Trace

If you tested positive for Coronavirus, you will get a phone call from the NHS Test & Trace team.

- Look out for a call from 0300 013 5000

- Please be honest and give them the names and phone numbers of your social contacts and activity over the past seven days – this will help control the spread of the virus

- If they can't reach you after 24 hours, the Council's Test & Trace team will call you – this call will be from a local 01254 number

- If they can't reach you by phone, a member of our team will come to your home to speak to you.

# Thank you for your co-operation.

# Need some help?

**BwD Help Hub**

The BwD Help Hub is here to support you if you have to stay at home because you or someone you've been in contact with has Coronavirus.

We can help with:

» access to food and essentials

» finance, benefits and debt management

» mental health support

» wellbeing and loneliness

» education, learning, training and employment

» getting online and using modern technology

**Visit: www.blackburn.gov.uk/helphub     Call 01254 588111**

**The government has made financial support available to people who cannot work because they must self-isolate. Find out more about who is eligible at www.blackburn.gov.uk/coronavirus**

# Not home when we called?

We want everyone to get a test for Coronavirus - even if you don't have any symptoms. Arrange your test at a local testing facility, or ask for a home test kit:

Visit: www.blackburn.gov.uk/coronavirus & click 'Get tested'  Or call 119

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