

## BREASTFEEDING / FEEDING SUPPORT

### In Blackburn with Darwen

#### DROP IN / NO APPOINTMENT NECESSARY

A chance to meet new friends and receive feeding support from trained staff if needed

**Monday: 1:00pm – 2:00pm**

Wensley Fold Children's Centre BB2 6NL  
(01254) 585085

**Tuesday: 1:00pm – 2:00pm**

Livesey Family Hub BB2 4NU  
(01254) 507950

**Wednesday: 1:00pm – 2:00pm**

Shadsworth Family Hub BB1 2HR  
(01254) 585209

**Thursday: 12:30pm – 1:30pm**

Little Harwood Family Hub BB1 5PE  
(01254) 506910

\*Sling library first Thursday of each month 12:30pm – 2:00pm

**Friday: 10:00am – 11:00am**

Darwen Family Hub BB3 0HD  
(01254) 778900



Visit West Pennine Slings Facebook page to speak to a baby wearing consultant. Or you can call 07900987789



Amazing support at your fingertips - download these hyperlinks save them to your phone...

<https://www.unicef.org.uk/babyfriendly/support-for-parents/>

<https://elht.nhs.uk/services/maternity-and-newborn-services/infant-feeding>

National Breastfeeding Helpline number:

0300 100 0212

365 days / year 9:30am - 9:30pm

You can also contact your Midwife or Health Visitor for breastfeeding support